



Q4 2019

Parrot Head Club of Eastern MA Vol. 24

Q4 Winter Welcome to PHCOEM The $\frac{3}{4}$ Times

PHCOEM Members new & old we want to welcome you to your last Quarterly Newsletter for 2019 which includes past and present Events both Social and Charitable.

Here is Version Q4 2019 *The $\frac{3}{4}$ Times* Newsletter for your enjoyment and information. We want to thank you for the events that we did and shared together this year it was great fun.

The Phabulous Phin City 25th Annual Parrot Head 2020 NEPHC Convention will be March 5th-8th don't forget to sign up. We are excited to be the host for 2020 with so much planned out already awesome entertainment, raffles, fun but most of all to be with friends!

We want to get everyone involved to keep our Parrot Head Club tradition going that has been for Years so any suggestions you may have like recipes, articles, pictures anything to share with all our members please ensure to send them to newsletter@phcoem.com.

Thank you all for the support with events the Texas Roadhouse gift card purchase that can be used at January TT's, our December Holiday Calendar Raffle - congratulations to all the winners. In January on the 25th we have our Texas Hold' Em Poker Tournament Fundraiser being held in Southbridge so sign on up with more along with the Convention.

We look forward to another Great Year ahead for 2020 and will have lots planned out for you for the upcoming months. Please go on our Website & Facebook to see what is coming your way for this year which will include more updates!

Thank you for making this Club what it has been throughout the past 25 Years and for all the Memorable times Together!!! We look forward to seeing you soon in the upcoming 2020 Year! Please feel free to reach out to any of us on the BOD if you may have any questions on Future Events.

Lizzy L12- Liz McCarthy
Secretary of PHCOEM





From the Office of the Prez



I'm wishing you all a very Happy and Prosperous New Year and hope that you had a wonderful holiday season with your families and friends.

PHCoEM was recognized by the Springfield Boys and Girls Club for 10 years of donating a Christmas tree and goodies to their biggest yearly fundraiser Festival of Trees. Something I know I really look forward to every year. This year's theme Phancy Phlamingo's was a big hit. Next year's theme has already been decided on, it will be Nauti or Nice. So anything nautical for the Nauti tree would be awesome and anything nice will be great for the other tree.



I look forward to your support of our 25th Annual New England Parrot Head Convention March 5th-8th. There are still openings so I hope you all take advantage of registering and attending this wonderful fundraising event. As we are the host club anything and everything you can do to help would be appreciated.

I look forward to seeing you at all the other social and charitable events that we will be involved with during the 2020 year. There are plenty to choose from.

As a final note for this newsletter, I would like to announce that after long consideration I have come to the decision that I will not be seeking re-election for President this year. I have steered this wonderful ship for 6 years and it's time for me to move on and let someone else take over the helm. I will be spending more time with my grandchildren and other family members, but I will attend as many events over the year that I possibly can. I have made many friends over all the years and I cherish all the wonderful memories and look forward to more in the future.

I want to personally thank my awesome board for all the support and help that they have given me over the years. I would also like to thank all the members who have made this a truly great club and have allowed us the ability to give so much back to so many charities and our communities. You always amaze me with your generosity and your dedication to making this world a better place.

For anyone interested in possibly running for President in the April-May elections and want to know more of what it entails, I'm more than happy to talk with you. You can also look at our BY-LAWS to see what you are responsible for.

Phins Up and Thanks for the support.

Sunshine

President PHCoEM (2018-2020)

2020NEPHC Convention Chair



From the Office of the Vice-Prez



Hello and happy holidays phellow phlockers. Time flies when you are having fun, ohh and rum or whatever your heart's desire to drink is to stay warm this winter. It has been an amazing fall season with some of our tried and true activities and some new events happening.

The beach clean-up was a big hit this year with the most amount of volunteers ever! We even had people that were just visiting at the beach that morning helping out when they found out what we were doing. It was a bit chilly but sunny and clear and we collected a bunch of bags full of trash over hundred pounds worth. We then went to Indie fermentation where Pawtoberfest was happening. We had an awesome day helping our communities our beaches and animals.

The Special Olympic senior games got rained out. The big social event for Halloween was a road rally scavenger hunt, what a fun day full of great costumes, great teams and clues and the best of phriends all getting together for one big party for a purpose. Then we went right into holiday mode with the tree decorating for the boys and girls club. Ten years we have been doing this event and this year the club was recognized for our efforts in volunteering for them. Wreaths across America is always another big volunteer event we had 20 of us in the pouring rain, laying wreaths, saying prayers and thank yous to all those veterans who fought so hard for the freedoms we all so enjoy today. It can be a very emotional experience but so beautiful and peaceful when you see all the graves with wreaths on them.

That being said I would like to take a moment and wish you all best wishes for a great new year full of health and happiness. I could not be prouder to be a member of this club. With all the sadness in the news and discouraging situations we may find ourselves in it is awesome to know that there is hope and light and acts of kindness still going on. You, the members make a difference in how you affect your communities and know that you are making a positive impact.

Thank you.

Captain Mac sparrow

Vice-President PHCoEM



From the Office of the Treasurer –Kim Stevens



All bank records have been recorded in a spreadsheet to be tracked moving forward they are available upon request to review by any member in good standing:

- **Starting Balance (Begin Oct) : \$ 10,782.78**
 - Debits (checks): \$ 4,828.53
 - Credits (deposits): \$ 8,749.84
- **Ending Balance (End Dec): \$ 14,704.09**

We have a CloverGo (similar to the square) – which will allow us to be able to take credit/debit cards at functions.

From Membership Man Shawn

Greetings Phriends and Happy New Year!!!

Welcome to 2020! It is CLEARLY going to be an exciting year!!!

Please remember to renew your memberships by the END of January to remain a member of the Phlock in good standing. This is going to be a great year and you won't want to miss any of it!

As the New Year opens, all of our minds are on Convention. As you know, PHCoEM is the host club for NEPHC 2020 Welcome to Phin City!!! happening March 5th-8th 2020 at the Doubletree in Milford, Mass. Please register early if you know that you're going to attend as the funds are used to help ensure that everyone has the best convention possible! All committees still need help. Please contact any BORED member to offer your services!

Before convention, we are sponsoring a Texas Hold 'Em Tournament to get you in the Sin City Spirit! All proceeds will go to convention activities! The tournament will be on Saturday January 25th at 4:00 PM the Italian American Club at 20 North Street in Southbridge, Mass. Your \$75.00 buy in gets \$8000.00 worth of chips and a chance to win \$2000.00!!! Please register early as seats are limited. Registration form is on PHCOEM.COM

In January Thirsty Thursday will be on January 9. Please check in with your ambassadors as some groups will be meeting at their Local Texas Roadhouse. West of West will also be bidding Bon Voyage to Rich and Angela Grenham at their TT at Texas Roadhouse in Worcester as they leave us for North Carolina. Please feel free to join us as we say farewell.

February Thirsty Thursday is February 6 and March Thirsty Thursday is March 5.

Turn your clocks ahead on March 8 and don't forget to change the batteries in your smoke detectors at the same time!

Happy Birthday to those completing Another Trip Around the Sun in the first quarter!!!

January	February	March
1/3 Alison Nowak	2/1 Arthur Gillespie	3/8 Ellie Fratangelo
1/5 Mary Alves	2/2 Alex Oliviera	3/9 Samantha Griffin
1/11 Carol Shapiro	2/5 Ed Hessling	3/12 Craig DeOld
1/12 Bobby Pouliot	2/11 Deb Beauregard	3/18 Liv Cormier
1/18 Angela Grenham	2/13 Bobby McQueen	3/18 Mike Deldon
1/19 Julie Vallieres	2/16 Ernie Fratangelo	3/20 Mike Bollea
1/21 Mia Laplante-Ignoto	2/23 Cid DeLeo	3/27 Jim Cormier
1/24 Linda Hatch	2/25 Linda Hendrickson	3/27 Breheney Dobry
1/26 Jimmy Kenney	2/26 Gretchen Milliken	3/27 Dan Kaseta
		3/28 Katy Finn
		3/29 Susan Zapata
		3/30 Sheryl Davis

Once Again Here's Wishing Everyone a Happy and Healthy 2020!!!



From the Christmas Tree Tops of Elena and Deb

Christmas and the New Year...A Time To Reflect...

I joined PHCOEM not long after seeing Jimmy at Fenway and meeting a bunch of awesome Parrot Heads. And as they say, the rest is history. The very first Charity event I volunteered at was a Habitat for Humanity House Build. We grilled and served a deserving family and their volunteer friends, a cheeseburger lunch with Buffett tunes playing in the background. To this day, I remember the smiles on that family's faces and I was hooked. I went on to discover the joy and fulfillment of volunteering at PHCOEM'S other annual events including Pan Mass, the Special Olympics dance and grilling at Brockton and Barnstable. It's been many years and I'm still amazed at the thousands of hamburgers I've seen flipped, how many bikes I've seen make their way into the Walpole rest stop, how many song requests our DJ's have played, how many cigarette butts we've cleaned up from the beach and even how many Christmas trees we've decorated. But more than that, it still amazes me how many hours and how much energy I've seen our Club members spend in the name of helping others. The kindness and dedication of this amazing group of individuals is second to none and I want to say THANK YOU! I want to let you know how proud I am to be a member of PHCOEM and, to quote Carol Shapiro, "I LOVE US!"

-Deb Beauregard

Co-Chair of Charity and Environmental Affairs

This Quarter's Events

25th Annual New England Parrot Head Convention – March 5-8th.

REMINDER:

For all you do in the name of helping others, don't forget to go to PHCOEM.com and fill out a Parrot Heads Without Borders form so you can get credit for your hard work and our Club can communicate that work to PHiP. This is the chance for you to toot your own horn, as the saying goes!



From the Office of the Social Director Tiffany Davis



Happy New Year! I hope everyone enjoyed their holidays and hope Santa was good to everyone. We are in full on convention mode now! For those who haven't registered please do so! We've been working hard to make this convention the best!! We've got our final convention fundraiser coming up and would love your support. Saturday January 25th, we are hosting a Poker Tournament. Tell all your friends, you need not be a club member to attend. See our website for more info!

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Quotes

She got it in the tail end.

We are an event.

Wowww look at the size of that thing.

Wow he just pulled out another stick.

I got extra lubrication in my mouth.

This is the best thing I've had in my mouth all day.

Good thing she swallows.

I got to find my bra.

Found it!!

These exploding balls just blow up in your mouth.

I love turkey it's my favorite.

We fry ours in peanut oil.

I'll drive anywhere for skin.

The Adventures of Finzer, Flyer, Timon and Phriends

By Mac

The boys had quite an eventful fall with all the club events all over Mass and even in Woonsocket Rhode Island in our first co-club event with Sue Nelson and crew from the Ocean State Parrot Head Club. What a fun time that was we got to hear the band and have a membership drive at the same time. We gained a possible few new members as well as Rhode Island and it was a great way to bond at an evening together full of tropical music.

8 **AUTUMNFEST 2019** OCTOBER 17-23, 2019 | VALLEY BREEZE | NORTH SMITHFIELD



Members of the Ocean State Parrot Head Club and the Parrot Head Club of Eastern Mass. have their "Fins Up" in their booth at Autumnfest. On hand to celebrate the music of Changes in Latitudes, a Jimmy Buffett tribute band, on the main stage at World War II Veterans Memorial Park in Woonsocket, last Sunday are, from left, **ED GLOD** of Cumberland, **SUE NELSON** of Warwick, President of the OSPHC, **CHARLENE SHOENER**, of Exeter, **KAREN FELDEISEN** of Northbridge, Mass., president of the PHCOEM, and **ELENA POULIOT**, of Blackstone.

The boys really enjoyed that road trip just good old fashion fun and friends. They ventured on the road rally in an excursion that took us through towns like Milford and Hopkinton and Holliston looking for clues to the scavenger hunt. The costumes were awesome and the boys felt right at home with all the goblins and ghouls that day. The country bumpkins didn't win but we certainly had a great time trying. The pool party was a huge hit as was the ironing board buffett. We always manage to throw in a lil extra fun somewhere!



The Springfield Boys and Girls Club awarded and thanked the club this year for our ten year anniversary of volunteering by donating our trees for their big fundraiser Festival of Trees. They were extremely happy to see our Phancy Phlamingo display this year and hear we will be back next year for number eleven.



The boys also participated in the Wreaths Across America, the beach clean-up and now it's time to get into convention mode. There are so many things and ways the members of this club can get involved in our communities it is mind boggling.



Honestly helping in any small way possible goes a long way in making a difference in just one life. Those people are not only thankful and grateful but will never forget your act of kindness and hopefully they will pay it forward. Thank you all for being so awesome.

Mac, Finzer, Flyer and friends

FOOD GLORIOUS FOOD

Chicken Burrito Skillet

Prep Time 15 mins

Total Time 30 mins

of Ingredients 8

Servings 6

- 2 tablespoons canola oil
- 1 pound boneless skinless chicken breasts, cut into bite-size pieces
- 1/2 cup chopped yellow onion
- 2 tablespoons taco seasoning mix (from 1.25-oz pkg)
- 1 can (15 oz each) Rosarita® Premium Whole Black Beans, drained, rinsed
- 1 can (10 oz each) Ro*Tel® Original Diced Tomatoes & Green Chilies, undrained
- 1 cup water
- 1-1/4 cups instant brown rice, uncooked
- 1 cup shredded Cheddar and Monterey Jack cheese blend
- Chopped cilantro, optional

DIRECTIONS:

- *STEP ONE*

Heat oil in large skillet over medium-high heat. Add chicken and cook 3 minutes, stirring occasionally. Add onion and taco seasoning; cook 2 minutes more. Stir in black beans, undrained tomatoes and water; bring to a boil.

- *STEP TWO*

Stir in rice. Cover, reduce heat and simmer 7 to 10 minutes or until rice is tender. Stir in 1/2 cup cheese. Sprinkle top with remaining cheese and cilantro, if desired.

NUTRITION INFORMATION

338 calories, 26g Carbs

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Anyone wishing to share information within this newsletter – please send your articles to phcoemnewsletter@gmail.com

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For the printable version of the Club Calendar and other great articles and more information, please visit our webpage www.phcoem.com. You can also get access to our Facebook page and Yahoo group through our website.

REFERENCE LINKS to some great locations for more information.

National Chapter Parrot Heads in Paradise: www.phip.com

2020 NEPHC Convention: www.phcoem.com/2020nephc

Our Website PHCOEM.COM: www.phcoem.com